

WEEK 1

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	<ul style="list-style-type: none"> • Sausage • Pancakes • Syrup 	<ul style="list-style-type: none"> • Hash Browns • Scrambled Egg • Noodles 	<ul style="list-style-type: none"> • French Toast • Bacon 	<ul style="list-style-type: none"> • Boiled Egg • Yogurt • Parathas • Noodles • Bagels 	<ul style="list-style-type: none"> • Variety day • Omelets • Skillet eggs • Eggs benedict 	<ul style="list-style-type: none"> • Brunch 10:30 	<ul style="list-style-type: none"> • Brunch 10:30
Lunch	<ul style="list-style-type: none"> • Grilled Cheese Sandwich • V-Grilled Cheese 	<ul style="list-style-type: none"> • Chicken Quesadilla • V-Quesadilla 	<ul style="list-style-type: none"> • Baked seafood pasta • V-s/a 	<ul style="list-style-type: none"> • Chicken burgers • V - Veggie burgers 	<ul style="list-style-type: none"> • Fish & Chips • V – Protein sandwich 	<ul style="list-style-type: none"> • Pastries • Meat trays • Cheese trays • Croissants • Boiled eggs 	<ul style="list-style-type: none"> • Meat rolls • Meat trays • Cheese trays • Pastries • Assorted buns & bread
Supper	<ul style="list-style-type: none"> • Cultural Mondays • Caesar salad • Jell-o • V-s/a 	<ul style="list-style-type: none"> • Pork Chop • Roast Potatoes • Coleslaw • Cake • V-Veggie burger 	<ul style="list-style-type: none"> • Fish pot pie • Marinated Vegetable salad • Pudding • WYWW** • V - Corn Bread & Bean salad 	<ul style="list-style-type: none"> • Breaded Cutlet • Mashed potato • Green beans • Gravy • V – Baked risotto w/ asp, spin, parm. • Cookies 	<ul style="list-style-type: none"> • Pasta w/ tomato basil sauce • Meatballs • Garlic toast • V – s/a no meat 	<ul style="list-style-type: none"> • Pizza • Caesar Salad • Ice Cream 	<ul style="list-style-type: none"> • Roast Beef • Boiled Potato • Mixed vegetable • Gravy • Tossed salad • Bread pudding

Cold cereal, granola, hot cereal , bread (2 variety) and fresh fruit is available at all breakfast.

Supper will have above mentioned entrees as well as breads and condiments, pickles, relishes, chutneys, Kim-Chi, fresh vegetables or salads, a variety (2-4) of fresh fruit and noodle bowls.

Beverages include, 5 varieties of fruit juice, white and chocolate milk, hot chocolate coffee and teas.

Daily snacks* are fresh fruit and cookies or popcorn or cheese and crackers, etc.

*snacks served on brunch mornings will consist of a hot snack ie. pizza pops, pot pie, meat rolls, etc.

**WYWW = Whatever you want Wednesday – Soup or steak night